

# REJEN<sup>2</sup>ERATE

Wellness &  
Teambuilding

Corporate events addressing your team's overall health- physical, mental & emotional.

We tailor our signature Sweat & Serenity events to provide an uplifting mind/body experience for your workplace. Custom workout plans and meditations are created to address the specific stresses and demands related to your business or to highlight the distinct values your company expects its team to embody.

[www.rejen2erate.com](http://www.rejen2erate.com)

For more information email us at [rejen2erate@gmail.com](mailto:rejen2erate@gmail.com)



FITNESS

MEDITATION

INTENTION

COMMUNITY

CONNECTION

